

HEY BUD, WELCOME TO BUDS ON THE MOVE



LIGHT UP, LACE UP,
AND EXPLORE
NEW YORK CITY WITH US
@BUDSONTHEMOVE_

A decorative border at the top and bottom of the page features various cannabis-related items in a purple and green line-art style. These include cannabis leaves, a bag of buds, a rolling paper, a joint, a bong, a pipe, a cookie, a bottle of oil, and other accessories.

WHAT WE'RE STRIVING TO CREATE

We're not just walking, we're redefining how cannabis connects us.

Buds on the Move is NYC's mindful cannabis walking club, created to foster community, movement, and discovery in a crowded cannabis landscape. We exist for the canna-curious and seasoned stoners alike, especially the 60% of users who typically consume alone.

Together, we create intentional moments of movement and high-vibe connection across the city we all love but often forget to take a moment to enjoy.



INCLUSIVITY STATEMENT

At Buds on the Move, we believe community thrives when everyone feels safe and celebrated. We welcome people of all races, ethnicities, genders, sexualities, body types, abilities, ages, and cannabis experience levels. Whether you've been rolling up for years or you're just canna-curious, there's space for you here.

Our walks are designed to be judgment-free zones where kindness, consent, and respect are non-negotiable. We honor the fact that cannabis culture has deep roots in marginalized communities, and we're committed to building a future where connection, not exclusion, is the standard.



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WHO WE ARE

Founded in November 2024, Buds on the Move is a grassroots crew of explorers led by the Bud Board: Tamarah (Head Bud), Sush & Holland (High Guides).

We bring strangers together to become buds while navigating NYC's vibrant neighborhoods, all while discovering trustworthy products in an overwhelming market.

 **Movement.**  **Mindful cannabis.**  **Connection.**



HOW THE WALKS WORK

**Start at a local dispensary
(exclusive product details for walkers)**

Walk 1-2 miles (1-1.5 hrs)

**Enjoy hidden gems, discover new neighborhoods,
and take in the views**

Integrate cannabis mindfully throughout the walk

Socialize, unwind, and breathe

Every walk is intentionally casual, movement-friendly, and inclusive of all fitness levels. Every walk is a unique experience of its own. Different routes, group of people, and Cannabiz brands that we learn about.

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WHERE TO FIND US

We announce upcoming walks every week and send reminders the day before. Join us through:

 : all our upcoming walks, link in bio

 : /r/weed and local subreddit neighborhoods where the walk is hosted in

 : our main form of social communication

Whether you're ready to roll or still warming up, we'll meet you where you're at.

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BETTER WHEN WE ARE BUDS

We fuel these walks together.

We are a vibrant mix of curious walkers looking to explore the evolving NYC cannabis scene—and we're always looking for more

Buds to build with:

 **Product Buds – Brands who want to fuel the walk with samples & stories**

 **Dispensary Buds – Partners who offer us a cozy starting/ending place**

 **Community Creator Buds – Artists, yogis, chefs, storytellers, and thought leaders who co-lead themed walks**
Sound like you? Let's co-create.



HOPE TO SEE YOU ON A WALK 🌈

**We know some folks follow us quietly, curious but unsure.
That's completely okay.**

**Just know this is a super welcoming group of stoners. Everyone
from solo smokers to high-energy extroverts comes to walk,
vibe, and connect.**

Whenever you're ready, your buds will be here. ❤️